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Pre-Operative Instructions for IV Sedation Patients

General Information:

Intravenous sedation is designed to better enable you to undergo a conventional dental procedure. You will not be undergoing general anesthesia but will be comfortably calm, relaxed and feel no pain.

Eating:

Do not eat or drink anything (including water) after midnight prior to your appointment. Your previous meal should be light and easily digestible.

No Smoking After Midnight

Clothing:

Loose clothing with short sleeves is desirable. It is suggested you bring a sweater or sweatshirt as a top garment. Tight clothing will limit your comfort.

Medications:

All medications that you are taking need to be communicated to the doctor. Be sure to remember all those medications you take on a regular basis. Your medical history should be up to date and all correct dosages should be documented.

Time:

Please arrive 10 minutes prior to your scheduled appointment time. We suggest you use the rest room right before your appointment.

Transportation:

Patients must be accompanied home by a responsible adult. Please arrange to have an adult relative or friend ready to pick you up at discharge. The Sedation usually takes a few hours. They are welcome to wait in our reception room if they would like.

Contacts, Make-up and Nail Polish

Contact lenses and nail polish must not be worn. Cosmetics should not be applied, especially eye make-up.

Alcohol:

Please do not drink alcohol or take any cold or allergy medicine 12 hours before your appointment.

Patient's Name: _____(print)

Patient's Signature: _____

Witness's Name: _____(please print)

Witness's Signature: _____

Date: _____